

THE MOST POPULAR BEGINNER TREK



BECAUSE MONEY RETURNS, TIME DOESN'T.

BRIEF ITINERARY

Day 0: Delhi - Kasol

Day 1: Kasol Arrival

Day 2: Kheerganga Trek

Day 3: Descent

Day 4: Reach Delhi



DAY - 1 DELHI - KASOL

Gather at the designated boarding point and hop on the Tempo Traveler for an overnight journey to Kasol. During the journey, the Tempo Traveler will halt at a Dhaba for dinner, which will be at your own expense.



DAY - 2 KASOL ARRIVAL

Arrive at Kasol in the morning and check-in to your camps. After resting and freshening up, head out to discover the Mini Israel of India. Experience a variety of fresh fruit juices, delicious Israeli cuisine, and captivating artwork from artists around the globe in the numerous cafes. The itinerary also includes a visit to Manikaran Sahib, where partaking in Langar (Prashad) is highly recommended.



DAY - 3 KHEERGANGA TREK

Rise early and breathe in the refreshing air that is scarce in urban areas. Don your boots, pack your bags, and head towards Barshaini, the starting point for the Kheerganga trek. This spiritual place is believed to be where Lord Shiva meditated for almost 3000 years. The trek is named Kheerganga because it offers trekkers a view of the "kheer" (sweet dish) flowing down the mountains. Along the way, we'll stop at cafes to recharge before continuing our ascent. Upon reaching the summit, we'll settle into our camps and freshen up. As the sun sets, we'll enjoy dinner and share travel stories around a bonfire. As the fire fades and the sky darkens, rest and rejuvenate for the night at the camps.



DAY - 4 FINAL DAY

Begin your day by waking up early to witness the captivating sunrise, a sight not to be missed. Take a stroll in the forest, close your eyes, and immerse yourself in the serene ambiance. Listen to the birds chirping and watch them soar high in the sky. Allow the soothing vibes of Kheerganga to penetrate your soul. Take a dip in the hot spring to rejuvenate and refresh your body. Travel a little further to find the Shiva temple, which offers one of the many theories behind the name Kheerganga. Descend the mountain using a shortcut and visit Rudra Cafe and the waterfall, a must-see attraction. Return to the dam and bid farewell to Kheerganga before dam and bid farewell to Kheerganga before heading back to Barshaini and then to Kasol. Embark on an overnight bus journey to Delhi.



DAY - 5 REACH DELHI

Arrive in Delhi early in the morning, and your journey with Panny Fack India comes to a close, leaving you with delightful memories to cherish.







- 1 Night Camp Stay in Kasol on category chosen
 1 Night Camp Stay on Double / Triple Sharing Basis at Kheerganga
 2 Breakfast and 2 Dinner
- Soft Music
- Manikaran Visit
- Delhi -Kasol Delhi AC Transfer
- Guided Kheerganga Trek
- All Taxes
- Guides Certified and experienced Trek leaders and Guides.





- Transfer / meals / accommodation aside from mentioned above
- Unforeseen handling costs thanks to weather disturbance, landslides, political unrest
- Personal expenses towards tips, telephone calls, laundry, beverage, insurance etc.
- GST

THINGS TO CARRY



Necessities:

- Trekking shoes **: Trekking shoes with good grip and ankle support is compulsory for the trek. Please ensure that the trekking shoes are not new and used by the trekker prior to the trek. The trail is slippery and requires you to walk through rocks and boulders so good grip and water resistance shoe is necessary. Do keep an extra floater in case of rain and for use in camps.
- Backpack (50-70 litres) **: A backpack with comfortable straps and a supporting frame is very important as you have to carry it on your own during the trek. Invest in a good backpack that is lightweight and comfortable to carry on long treks.
- Daypack (20 litres): Keep a daypack incase you off load your backpack during the trek for your essential day items.
- Torch or Headlamp **: Please bring a torch or headlamp for all treks.
- Cutlery: Carry a spoon, mug and a lunch box. We insist on trekkers getting their own cutlery for hygiene reasons and for packed lunch.
- Sunglasses **: Invest in a good pair of sunglasses as you are going to be out in the sun for most of day. If you are trekking in snow it will be a mandatory as it protects you from snow blindness.
- Two water bottles **: 1 litre each for water during the trek.

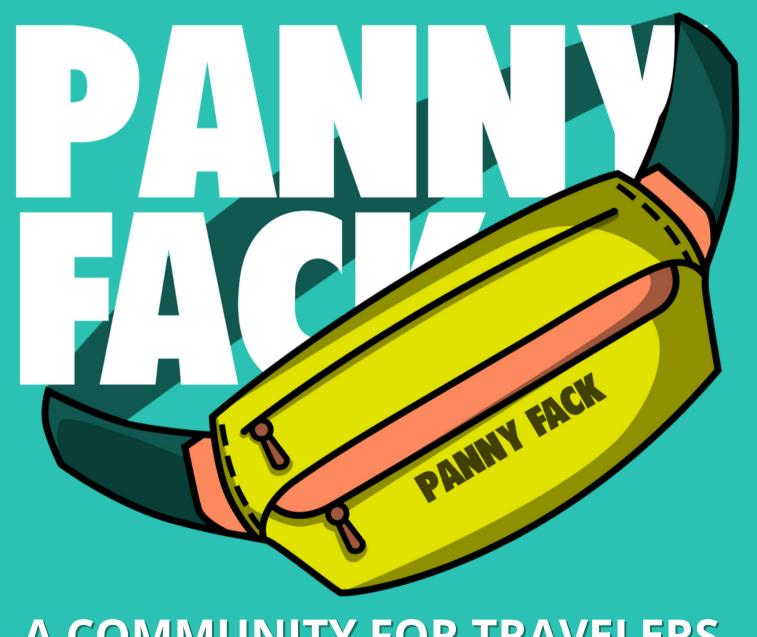
Clothes and Other accessories

- Warm jacket and Sweater (couple of them if you feel more susceptible to cold)
- Thermals: Carry thermals to keep yourself warm in the camp. Trek pants (2) for daily use during the trek which are light and comfortable.
- Collared Shirts (3-4) Full sleeves and quick dry so that it prevents sunburn on the arms and neck area.
- Poncho: Poncho is very important when you are trekking in monsoon season to protect you from the rain. You can rent one from us @ INR 50 per day.
- Cap: To protect your hair and face from the scorching sun carry a cap.
- Synthetic gloves for your hands as it will protect your hands from water, snow and keep you dry and warm.
- Socks (2 pair) + Wollen socks(2 pair) for keep you warm in the camps.
- Trekking pole: You should carry your own trekking poles for the steep uphills and downhills. You can carry them or rent one from us @ INR 50 per day
- Toiletries: Sunscreen **, moisturiser, lip balm, toilet paper, toothbrush, toothpaste, hand sanitiser, wet wipes and tissues.
- Plastic covers: While packing, use plastic bags to compartmentalise things and carry few extra plastic bags for wet clothes and to bring back your non biodegradable material back. Mountains are the source of water and life on this planet. Please try and keep it clean and healthy.

TERMS & CONDITIONS



- The photos/videos content created on this trip is the property of us and can only be used by us for advertising across media platforms. None of the digital content can be used by any one without obtaining the rightful permissions by us.
- Full Payment of the trip cost must be made before the trip begins. Pending Payments may eventually lead to the Cancellation of the trip.
- The IDs shall all be verified before boarding. No boarding shall be entertained without a valid Govt. ID.
- The Transfer of the bookings is not permitted. Only the names mentioned at the time of confirmation shall be allowed to travel.
- No refunds shall be made towards any inclusion(s) not availed by the Client.
- Travelers must take care of their luggage & belongings. The management shall not be responsible for any damage or any missing items along the tour.
- The time of Departure is stated & fixed. All travelers must update their status with the Trip coordinator(s), & report at the pickup point 30 mins prior to the scheduled departure.
- The Air Conditioning will be switched off in the hills. Also, during the trip, it shall be the Driver's discretion to put off the AC as & when required, considering the travelers' safety & ease of travel along uneven & dangerous routes.
- Our time of departure is fixed must depart by the stated time & keep their status updated with the trip coordinator(s). Anyone missing the bus shall not be eligible for any refunds. We shall call you twice before the schedule departure.
- No act of misconduct or indiscipline shall be tolerated on the tours. We are a cordial travel community and we aspire to bring to you a hassle free and memorable experience.
- We shall not be responsible for any delays or alterations in the program or indirectly incurred expenses in cases such as Natural Hazards, accident, breakdown of machinery, weather conditions, landslides, political closure or any untoward incidents.
- We do not provide any insurance policy to cover for the expenditure on sickness or accidents or losses incurred due to theft or other reasons.
- Numerous factors such as weather and road conditions the physical ability of participants etc. may bring alteration in the itinerary. We reserve the right to make necessary changes in the schedule in the interest of safety, comfort and general well-being!



A COMMUNITY FOR TRAVELERS